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## Conclusion

We hope that this most recent edition of the Tong-Il Moo-Do Manual will be an aid to your progress along the Way of Harmony. Study diligently, but remember that Tong-Il Moo-Do is not intended to benefit your life alone.

For today, we live in a world longing for such high ideals as freedom, heroism, great character, and total honesty. Everyone has the desire to reach a high goal in his or her lifetime and fulfill his or her potential as human beings. Thus, your achievement is an encouragement to others.

Never forget that martial arts were originally developed to aid men in their search for the highest human ideals. Buddhist monks, on their path to perfection, came to recognize the existence of a false evil world within and outside of themselves that could only be conquered through total effort and dedication to goodness. All true martial arts that have developed since then stress the spiritual development of the student as well as his or her technical development. And this development was to be manifest through virtuous, ethical relationships with others.

Tong-Il Moo-Do was created to fulfill the original purpose of the martial arts. It is designed to help each student develop toward his or her original human nature.

It is my hope that you as students challenge your minds and bodies to master all the spiritual and physical techniques taught by Tong-Il Moo-Do. Show by your disciplined movements and indomitable spirit the unity and goodness that will eventually encompass the earth.

