

PART TWELVE

Closing

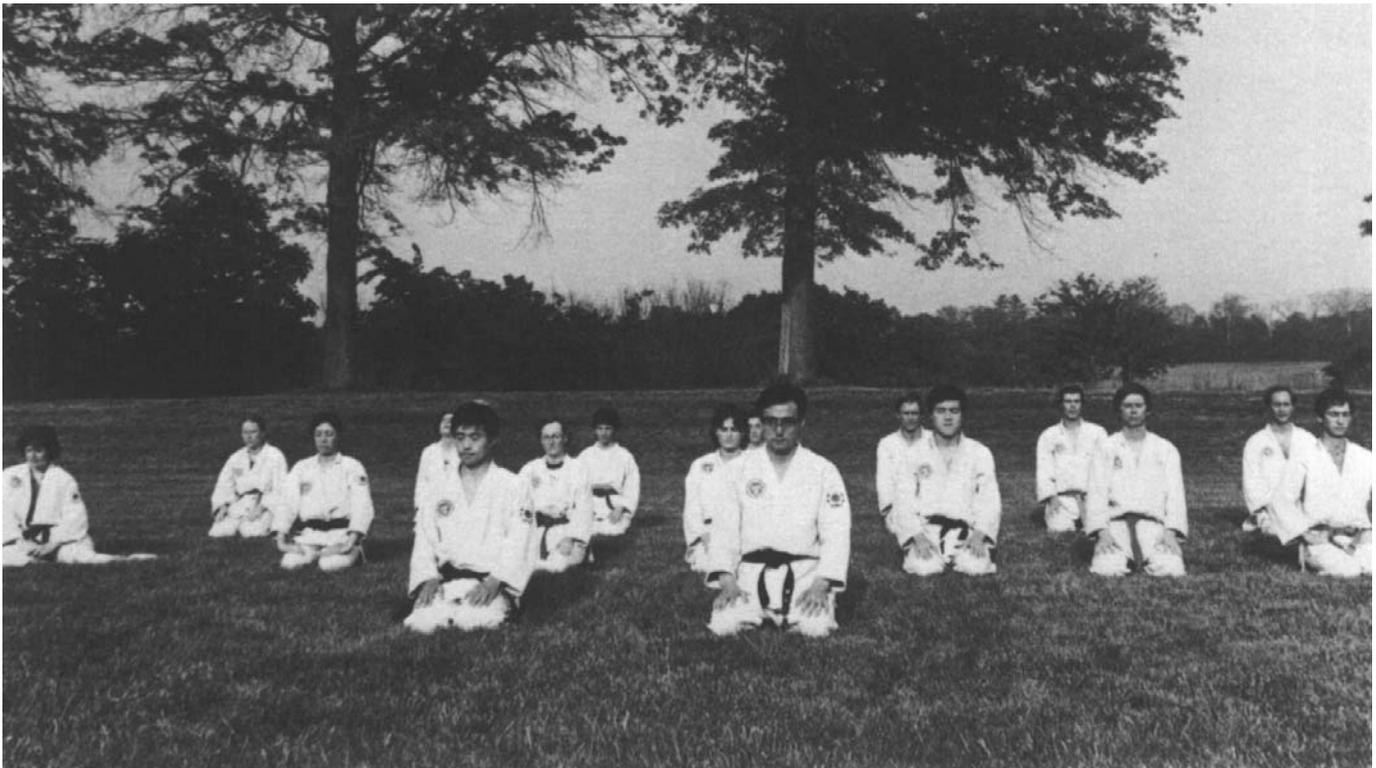
Closing

I. Closing Exercise

In Tong-Il Moo-Do training, there are several minutes of exercise after class, which integrate various martial arts breathing techniques, and muscle training and release techniques.

II. Meditations

In Tong-Il Moo-Do training, there is a three-minute meditation period before and after class, during which the instructor may read an inspirational message to encourage spiritual discipline and character development. The following are sample words. They are roughly grouped as they reflect the purpose, objectives, or tenets of Tong-Il Moo-Do.



Words of Inspiration

Harmony

We must all work for the ideal way of life. I exist for my family, my family exists for our society, our society exists for our nation, our nation exists for the world, the world exists for the Origin, and the Origin exists for you and me. In this great circle of give and take, there is harmony, there is unity, and there is an eternal process of increasing prosperity. Furthermore, since in this circuit all existence will fulfill its purpose of creation, there is abundant and profound joy. This is the Kingdom of Heaven.

* * *

Circular motion is the motion of unity. When you interact, the give and take action creates a circular motion. Circular motion alone can be eternal, because there you will find no end. Therefore, all of creation is based on a pattern of circular movement, since He created for eternity.

* * *

Be unified in harmony. If you treat all parents, brothers, sisters, and children as you would your own, you have the key to the Kingdom of Heaven.

* * *

You must not look at others as being German, French, or Italian. We must first look at all of them as being the loving children of Heaven. Then we can overcome the delicate and complicated situations that exist among nations and (melt into one family.)

Virtue

Goodness is never centered upon yourself but upon sacrificing yourself for others. Evil is centered upon yourself and sacrificing others for yourself.

* * *

Be a friend to both good and evil people. Never become reconciled with evil; rather act as a compass to turn such people around to the good side.

* * *

There are basically three kinds of people in the world: first, there are those who stand on the opposite side of goodness. Then there are those who recognize goodness but don't actively pursue it — they are in the buffer zone. And thirdly, there are those who make it their business to take responsibility in doing goodness.

* * *

Good and evil are fundamentally different. Evil asks everything and everyone ... to exist for himself, but good exists for others. This is the dividing point. The saints are those who sacrificed themselves in the interest of their own nation. Saints live not only for man, but for Heaven.

Mind and Body Unity

Give the ideal with your word, show the practice by your character, and offer love with your deep heart.

* * *

The true man is the person who lives without contradiction, the person who lives in total balance. The true man has a life of noble deed to match his noble ideal.

* * *

Men are supposed to live lives of gratitude, thanking Heaven first, then thanking their parents and brothers and sisters and teachers and nature.

Indomitable Spirit

There is no better asset than a fighting spirit.

* * *

Fortune favors the brave and the righteous.
With a bold mind and pure heart I must meet the challenges.
My goals are right ahead of me, so I dare not look back.
I must push myself day by day until the fight is won.

* * *

Self-Confidence

If you think it is right, immediately set it in motion and carry it out boldly. Heaven will surely work with you.

* * *

Never be low in morale. Where there is no confidence, there is no advancement. Raise your own morale by yourself. Heaven never cooperates when there is no will in the individual.

* * *

There can be no perfection where there is no confidence.

* * *

Determination

Your nerve, your attention, your whole being and everything must be poured out into what you are doing now. You must be serious. When you breathe here, when you inhale the air ... you feel that the whole world is coming in, in support of you. When you exhale, the whole world will be relaxed, and the same thing will be repeated.

* * *

Before you do anything, you must contemplate that thing and be sure you are one with it and with that purpose. Then you start doing things in harmony and oneness, and the love of the work you are doing will be realized as the idea is actualized.

If you really want to go straight forward, can you be distracted like this, glancing in different directions? Your eyes, your ears, every one of your senses must be focused on one point.

* * *

Self-Discipline

To do a big task, an adventure is always necessary. For that, you must harden your body. No matter how hungry you are in the morning, exercise first.

* * *

Before you can hope to master the universe, you must first achieve self-control. Even love, life and the truth can be built only on the basis of self-control.

There are famous basketball players, football players or soccer players in the world, but do those players easily become champions of their country? Those champions are specialists. They are the best specialists. Do those specialists become specialists by just sitting down saying, "I'm going to be a specialist"? They have to do the same thing ten times, one hundred times, one thousand times, ten thousand times. The more that number is, the greater that specialist becomes.

* * *

Courage and Boldness

A leader should have the courageous character to make a great decision, like cutting something in two with a sword.

* * *

What determines success or failure when breaking through to a new period is a question of time and effort. Courage is necessary to influence them. Strong and bold courage comes from faith and conviction. Faith can never be maintained in an irresponsible position.

* * *

Perseverance

Each of us may experience a painful course, but you can overcome the pain by digesting it with the power of love. Happiness and love are promised at the end of hardships.

* * *

Looking at the Hudson River, you know that deep water runs silently. But upstream there have already been many events: the water has swirled in deep eddies, it has pounded down on the rocks in waterfalls, and it has rushed past big rocks and over small pebbles to be gathered into the ocean. In your life, too, there are such variations. You may very possibly be like the waterfall or the water running past the rapids. In any event, you must not become discouraged by the roughness of your course. Only by having gone over the rocks and waterfalls can you lead yourself to the heart of the ocean.

* * *

Loyalty, Filial Piety, Obedience

There are ways through which we can be connected to each other. There is the way of filial piety, the way of loyalty, the way of following any person above you. This kind of way is the path through which we approach someone.

* * *

What would you gain through obedience? Simply this, your perfection in True Love. In that perfection you can become a wife or a husband who is centered upon True Love. As liberated men and women you will be given the power to liberate all things. That is the power True Love wants to give you and that is the reason we are going this way.

* * *

The first level of great virtue is that of a pious son; that is the basic moral virtue of man. Who is such a son? That son will serve his parents and grandparents with total devotion, completing a foundation of three generations: son, parents, and grandparents. The second level of loyalty is the loyal subject, a patriot. A patriot serves the head of the nation as his parents and grandparents. On the children's level there is a set of parents and grandparents as the visible, direct subjects, but in speaking of the patriot or the loyal subject there is a head of the state and Heaven in the parent and grandparent's position. Heaven is like the spiritual parent while the head of the nation should be like the physical parent. True Love truly dwells on a national level; in other words, Heaven needs a sovereignty to truly have a home here on earth.

Practice

If you think something is right, set it in motion unconditionally and carry it out boldly. Heaven will surely work with you.

* * *

If it is for the good cause, pursue it even though you might lose. You will never perish.

* * *

We can accomplish whatever we plan. But we must make such a desperate effort as will enable us to go over three crises.

* * *

We have no weapons. However, let us open a battle and dash forward, regarding our red blood, red sweat and red tears as our cannonballs.

Practice

The secret of winning when you have only equal ability is to move around more.

* * *

Heaven will work through those whose hearts yearn to be commanded.

* * *

Let us find even a square inch of land and even one man for the heavenly side.

* * *

Our objective must be clear before we can have a life of clarity.

* * *

Time and effort are what determine success or failure at a turning point. Courage is necessary to do so. Strong and bold courage comes from conviction, and conviction can never be maintained in an irresponsible position.

* * *

Let us become self-moving, self-advancing and self-achieving people.

* * *

You cannot accomplish a great task unless you develop enough interest. Try to take up many tasks that at first baffle you.

* * *

An atomic bomb is exploded when its button is pushed. In the same way, let us become the button to activate the conscience of mankind.

* * *

When one has nothing to do, his life fades away. If one cannot find a mission to accomplish, he is unqualified to claim the right to live.

* * *

Nothing happens where there is no thought.

* * *

If you want to advance your action, you must become a unique person. For that task you must forget sleeping, leisure, love, sightseeing, etc., and devote yourself only to the work.

* * *

Some risk is necessarily involved in doing any big task. For that occasion you must first train your body. No matter how hungry you may be, you are encouraged to exercise in the morning.

* * *

There can be no perfection where there is no confidence.

* * *

Quickly get away from where your conscience bothers you. If you stay there long, you will perish.



Practice

Study a secret way by which you can concentrate all the energy of heaven and earth.

* * *

When you feel you are the least capable person of all those doing the same thing, try to find something in addition to what you are doing now and pour all your effort into it. This is the secret to come before Heaven.

* * *

When you arrive at a new decision or determination, don't limit it to today, but extend it into the future.

* * *

An army exists in order to conquer the enemy. You are in the heavenly army to surmount all obstacles. Broaden and fill your environment with goodness. This is our objective.

* * *

Imagine the bitter result that losers in war taste. How can we ever lose?

* * *

It is a great person who can dominate time. Time can bring you everything, but it can also rob you of everything. He who can dominate time can dominate his life.

* * *

Foolish is he who knows the significance of the time, but does not carry it out.

* * *

You must be able to stimulate and encourage yourself.

* * *

A living person naturally grows and develops. Don't become a living corpse.

* * *

Think well and practice much and you will be ahead of other people. Many people failed after much thinking, but no one ever failed by practice.

Be joyful in working.

* * *

There is no better asset than a fighting spirit.

* * *

Learn how to appreciate the food you eat and conquer sleep. All historical figures slept only three hours a day.

* * *

You must prepare by centering on your conscience. Then practice. Our movement aims to trigger the consciences of people so they feel they cannot help coming to our side.

* * *

Think more than others, prepare more than others, and practice more than others. You must go with the confidence that you will always add to any place you have been and never cause it to lose anything.

* * *

Content alone is not enough. You must have results that can be recognized by all.

* * *

We have to have at least three things that we can proudly show in front of Heaven, mankind, our nation and our children.

* * *

Let us accomplish what others have not been able to accomplish.

* * *

One who is afraid of fate will be swallowed up by it; but if one meets fate head-on, it will give way for him.

* * *

The way we can win victory is to sleep less, eat less, have fewer clothes and make more effort.

Practice

Work while others sleep, work while others play, and work while others eat. There's no time to waste in the race toward the final goal.

* * *

Spring sunlight prepares itself even during cold snowy winter.

* * *

Shouldn't we worry about the future instead of the present?

* * *

Those who are critical cannot do revolutionary things.

* * *

Have a small hope and make big preparation.

* * *

If no conviction stands, no practice exists.

* * *

Gain control of situations by your conviction. Rise above them with your loyalty. Be strong with your action.

* * *

For the sake of 220 million people, have conviction, show your utmost loyalty, and fight.

* * *

March forward, trusting yourself. You have to be a man of integrity in the position of going absolutely alone.

* * *

You have to march forward with the kind of strong determination which you can proudly show to others.

"Oh, this earth! I may be in a certain situation now but look at me years from now."
We should have this kind of spirit.

* * *

In order for any creative action to be developed historically, it should first be thought of and determined; second, it should be prepared; and finally, it should be practiced.

* * *

If we do not surrender to whatever environment we are situated in, we will become a group of people who survive until the end.

* * *

Invest 120 percent of your energy. Even though you may fail by doing so, it is not a failure. Someone who can help you will certainly come forward.

* * *

Because we are running in the final contest, we have no time to take a rest.

* * *

Those who practice in reality with significant conviction become masters in the future.

* * *

You must get over every final situation by yourself.

* * *

You have to make a plan for your life by dividing it into several periods. Life is short.

* * *

Your present situation should become the basis for your next stage. Many people live wastefully.

* * *

Sacrifice is the motive power for development. What is true needs no apology.

* * *

Practice

You can only cross over the final summit through your conviction and belief that because you won in the past you can win again.

* * *

In the world of the Way, any promise must absolutely be kept.

* * *

Hope is not realistic. It is a future dream. However, if it is realized in actuality, it can bring forth more value and joy.

* * *

When a farmer sows it seems foolish, for he loses seeds in sowing them. But it is a wise thing, for he sows not for the present but for the purpose of gaining more harvest in the future.

* * *

Because history began with a war, it cannot be solved by means of a war. The only solution is reconciliation.

* * *

You must say to yourself and no one else, "Be strong and bold."

* * *

If there is anyone who would rather suffer eagerly for the generations to come than gain a glorious prize and be praised by many people, he will be the one who succeeds.

* * *

Oneness of mind is realized when you follow the way of parental heart. Unity is realized when you share unhappy conditions with others.

* * *

Sacrifice and hardships

Sacrifice and hardships are the instruments by which we give everything and gain every thing.

* * *

If a true couple sacrifices for each other, then love can constantly be restored in addition to the power of sacrifice. Therefore, husband and wife can become one eternally if they share their suffering with each other. True friends are those who sacrifice themselves for each other. The position of love can be established when one sacrifices oneself and gives himself for others. Thus sacrifice accompanies love.

* * *

In order to accomplish your goal with conviction, you must go through a process of struggle. The bigger your hope is, the greater proportion of conflicting elements will block your way. These elements will oppose you instead of being absorbed by you and will shove you out instead of welcoming you. The bigger the goal you are heading toward, there will be hardships waiting for you in proportion to that.

* * *

The road to happiness and prosperity is traveled with courage and hope
I must always go beyond my limitations no matter what,
Knowing for sure that I am the one to make a difference,
If only I could sacrifice myself just a little bit more.
To make this world a better place than I found it.

* * *

True Love

What is True Love? It is to love others more than you love yourself. That has been the original tradition. What we are setting as a tradition today shall remain as a tradition in the future, and this way shall be walked by millions and millions of people in the future.

* * *

To be a true man I must live in truth.

* * *

True Love

If you desire love, the secret of gaining it is to pour out yourself, your life, your love, and your everything. This is the law of re-creation.

* * *

You must remember the wonderful fact that love starts only from sacrifice, giving of yourself, investing yourself, your life and everything.

* * *

You must clearly understand that the ideal world will start from you as an individual when you are with Heaven, which you can put into practice in your daily life in human relationships. Love will start from you reaching out to all things, as it originally started from Heaven reaching out to you.

* * *

If you are so selfish as not to think about other people and your environment, you will be left alone in the end. There will be no one who cares about you. In that way you will draw yourself into despair and self-ruin.

* * *

Love will flourish when we love and serve others. That way the eternal maintenance of love is possible.

* * *

To be treated well you must first treat others well. You reap as you sow. Sow evil to reap evil; sow goodness to reap goodness.

* * *

Your concern should be how to give, and how to give well. As for the return to you, you must trust in Heaven. He will take care of it

* * *

A self-centered doctrine, a self-centered philosophy, a self-centered way of life will fling you head over heels down the tragic road of self-destruction. But if you will live your life in service to others, you will find prosperity. It may seem that such a route would lead you to ruin, but it will not. The only reason it may not always bring prosperity to you is because you do not give to the very end.

Character

Those who can give without limit can receive without limit. Let us allow ourselves to be well-used by millions of people.

* * *

Give the ideal with your words, show the practice by your character and give love with your deep heart.

* * *

Be a man who can respect his own character. You must also feel that you are respected by all things without shame. Then look at your objective world, saying, "Follow my example."

* * *

Those who embrace millions of people and give them something will receive something from them.

* * *

In order to become a victorious man, you should not only win over the most miserable situation but also be able to love your enemies generously.

* * *

A man of character is he who, finishing his own work quickly, thinks of other people.

* * *

If you work much and speak little, you will be a winner. But if you do little and speak much, you will be a failure.

* * *

Be a man of zeal, a man of good taste, a man who is needed, an exemplary man, a man who sacrifices first and rejoices later, a man who is a good judge of situations and missions.

* * *

Just as various and sundry birds gather in a big tree, so feces might be attached to you while you work. But you should walk having internal dignity. Be a wonderful person who can dance pleasantly to the rhythm of the universe.

Character

Never lose your dignity.

* * *

I am penniless, but my will is to lift up the world. If I have anything of which I am proud, it is this.

* * *

Always consider for what purpose you eat, sleep and do things.

* * *

You should be a person who can be proud of yesterday, is not deprived of today, and awaits tomorrow.

* * *

Before I hope to master the universe, I must first achieve self-perfection. That is my motto.

* * *

Do not become a leaf, which changes according to circumstances.

* * *

A beautiful thing never has only a single color. A rainbow of seven colors is beautiful. Have many experiences. Life should be rich.

* * *

March forward thinking that substantial beings are more important than words and devote your effort to restoring them.

* * *

What will become of a man in the future is not a matter of importance. The most important thing is how your own heart, your own internal standard, and your own subjective value are now.

* * *

When you stand connected with the standard of infinite value, you are unchanging. Generally speaking, only hasty, scattered people look at relative values and relative purposes.

* * *

Heaven and earth and all men are your body. You should have the kind of character that can regard heaven and earth and all men as though they were your own flesh.

* * *

If you want to live a life richer than others, you must have more elements of profound taste than others.

* * *

Don't expect to have a smooth, even life. Isn't nature with its many curves most beautiful?

* * *

There are three kinds of people: those who are definitely needed, those who make no difference if they exist or not, and those for whom it would be better not to exist.

* * *

When people in this world are poor, they desire to receive. But we have to give everything, even if we are poor.

* * *

Don't live your life as though you were measuring it with a ruler.

* * *

Before you reprimand someone, you should feel confident that if you were in his position you would do better than he, and then praise some good point in him.

* * *

The universe is your raw material. As big and wide as it is, it will fit into your mind.

* * *

Character

If you want to receive when you should give, then you will perish. Let us have the heart that will want to give what little we may have.

* * *

We have neither health nor money, but let us make others happy and good.

* * *

Make much of yourself, knowing that you are yet to be resurrected and that you must present yourself in the future.

* * *

We can never establish one unified world centered on a changing standard of goodness. A center must never move. The deeper it is, the quieter it should be. Look at the ocean. Waves may rage on the surface because of a storm, but deep below the surface the ocean is still. Let us learn from this.

* * *

We cannot tell at a glance whether the axis of a spinning top is moving or not. No matter how chaotic this world may be, let us live with an unchanging center.

* * *

If you remember what you give, you will certainly desire a reward. Try not to remember it even when you are giving it.

* * *

You must maintain heavenly dignity, decency and persistence.

* * *

Once you have promised to give to a friend of yours, you should fulfill without fail. If you break a promise, your character will be stained.

* * *

Don't allow yourself to have a sense of ownership until you come to possess the ultimate and greatest thing.

Have a big vessel ready. A small vessel can be filled with water quickly and then much extra water is spilled. Although a big vessel is hard to fill, when it finally overflows it retains an enormous amount of water.

* * *

To live boldly and to bear final fruit boldly is greater than to obtain or lose anything else.

* * *

Suppose there is a person who gives well to others even if he has only little with him. How much more will he give when he has much?

* * *

You have to be careful not to give "minus" elements to those with whom you are connected.

* * *

When a personality of low value collides with the tranquil and humble personality of high value, the former disappears and is absorbed into the latter.

* * *

I had to pray three weeks as a result of uttering one careless word.

* * *

A man of goodness is a sacrificial man and one who gives rise to love.

* * *

A man of rounded character is one who fits the four directions.

* * *

The fruit which has grown on a ten-year-old tree receives the quintessence of the tree's ten-year period.

* * *

Fertile soil is the place where seeds can grow perfectly. It exists not for itself but for the seeds.

Character

If you can say to the world, "I have something to say," "I have something to show," and "I have something to leave," you will be able to dominate the world.

* * *

Become a person who has something to show and be proud of.

* * *

The center of personality does not lie in truth but in heart.

* * *

Perfection is with the person who serves quietly and sometimes asks within himself.

* * *

Don't betray your character. You must be determined to move when heaven and earth move.

* * *

He who cannot win a victory in his internal struggle of mind cannot win over his external enemies.

* * *

You have to become a person to whom a precious treasure can be entrusted.

* * *

Let us become people who are liked by the cosmos.

* * *

When you criticize others, do so in the position of their object.

* * *

You have to walk a path and leave it behind to all those who follow you, so that they may be able to bow their heads before it.

* * *

You have to be able to disclose the power of life which isn't readily visible.

* * *

Everyone has the field of heart (love) and the field of mission (task). Those who do not have these two are dead in the world of existence.

* * *

Where is the source of life? If you are ignorant of your own value, it will be handed over to someone else and you will cry, feeling sorry for having lost it. Don't ever be that way.

* * *

A beautiful face is not one whose ears, eyes, mouth and nose are beautiful. The most beautiful person in the world is the one whose mind and body are in perfect harmony with each other.

* * *

A collective purpose governs an individual purpose. But if your individual purpose is not realized, there is no place where you can stand.

* * *

It is not bad to conquer the highest summit. But if you occupy a deep valley and embrace it, you will become an eternal master.

* * *

A man of character sees, hears and acts. If you cannot act after seeing and hearing centered on goodness, you cannot avoid coming under the dominion of evil. If you cannot leave a good result behind at the end of your life, you are a debtor.

* * *

Unless each of us has an individual accomplishment of which he or she can be proud, "we" cannot boast of "ourselves."

* * *

Unless you can control material, you cannot do a great thing. When you are driven to the worst situation, even the smallest material thing can destroy your whole personality.

Character

A fool is glad when he sees the external form, but a wise man is glad when he sees the internal content.

* * *

He who sees unrighteousness but leaves it alone is not a man of conscience.

* * *

The time is past when man's personality was judged through his words. Now is the time when it is judged through his love.

* * *

If you want to be proud of something, be proud of history. The Way of Heaven has invisible authority. A man of character has historicity.

* * *



Heart

From the moment that you go into debt in heart, you begin to wither spiritually. Stand where Heaven cannot help pitying you. Face Heaven with the heart that you would sacrifice yourself to save the whole.

* * *

Words of truth only open a person's door. After that, he must be nurtured heartistically.

* * *

A good man is one who can always embrace everything with his heart, whatever he sees and wherever he goes.

* * *

Always keep your heartistic aspect in a state that you give off a fresh and stimulating scent acceptable to Heaven.

* * *

The world of heart is unchanging, but in that world even when the same thing is repeated again and again you never tire of it.

* * *

There is no life without heart.

* * *

Treading the path in the valley of heart is painful and miserable. As you dig into it more deeply, more tears are shed and no trace of yourself can be found.

* * *

Be a hero of love and a hero of heart. No matter how great a man you may be, you will be a failure unless you conquer the heart of mankind.

* * *

To be in harmony with others is the first step toward happiness.

* * *

Seek a teacher of heart more than a teacher of knowledge.

Heart

Unless you develop a heartistic sense and feel it to the bone in real life, you will never be able to remove your fallen nature.

* * *

In the Age of Words and in the Age of Practice, inheritance of mission in case of failure was possible. But in the Age of Heart, it is impossible.

* * *

Unless you become a king of heart, you cannot be a king of power.

* * *

Blessed are those who have an unchanging internal standard of heart to respect Heaven, be harmonious with others, and love the earth.

* * *

Give love and forget that you gave it.

* * *

The more love acts, the more it increases. Therefore, eternity comes from love alone.

* * *

The path of a good man is a life of overcoming.

* * *

You should become the kind of person who can heartistically subjugate others with his personality.

* * *

There is no inequality in front of love.

* * *

The world of heart begins to prosper only with the unity of desires with circumstances.

* * *

Have the resources that can become a source of heart.

* * *

Be thirsty to give. Never be taken care of.

* * *

A parent wants to say to his or her children, "Follow the example of your oldest brother." What matters after all is heart.

* * *

You must have such a heart that you are not the same as others.

* * *

Perfect love does not remember itself when it is practiced. Rather, it feels shy about itself.

* * *

The term "reciprocal relationship" is a term used centering on heart. Perfection, too, means the perfection of heart.

* * *

Although we can pass by certain things in this world as we choose, we cannot do so in the world of heart.

* * *

The roots of love are the vertical love of parent-child heart and the horizontal love of brotherly heart.

* * *

In the world of heart there is no unscrupulous man and no stupid man.

* * *

He whose heart is warmer than yours is your subject.

Heart

I shed tears three times a day. History was made of tears, so it must be washed by tears.

* * *

In order to find my standard of love, you have to feel agonized without being able to sleep.

* * *

Those who have no foundation of love are unhappy.

* * *

The king of heart is the king of authority.

* * *

A deeply sorrowful man can only be consoled by someone who has experienced more sorrow than he.

* * *

We have to become a group of people who internally and in secret feel the pain of heart which no one knows and live in such circumstances that everyone can be sympathetic.

* * *

I am in the headquarters, but I want to visit all the regions of the country. I also want to visit the whole world and heaven.

* * *

To pioneer heavenly heart is the path of those who walk the path of paths.

* * *

All nouns which are modified by "true" can exist only together with heart. The term "true dutiful child" is used together with heart.

* * *

When you shed tears they should not be those that seek something but those that give something to others.

What is it which heaven wants to show and earth wants to be proud of? It is "I" created by the heartistic connection of heaven and earth.

* * *

We have to set up the economic and cultural standard that is centered upon the standard of heart. Then we have to have the standard approved by the worldwide subject. Only in this way can the ideal world be established.

* * *

You cannot inherit the internal heart of history unless you repent and restore all the historical failures as your own.

* * *

Don't resent not having received love, but resent not having been able to give love.

* * *

Let us build the world of relationship.

* * *

The tears of an individual are just individual. But the tears of a central figure influence history and the world.

* * *

Your love for the world should be even greater than your love for the Lord.

* * *

Everyone is equal centered upon love. We dominate and are dominated by each other centered upon love. Love is the basis of the hope of all mankind.

* * *

He who is heartistically connected with others exceeds him who is faithful.

* * *

Become an authority on the problem of heart. You have to be able to make others feel as if they were children embraced in the bosom of their parent when they are consulting you.

Heart

A child of filial piety should feel ashamed of not being able to give something better to his parents, though he actually brought the best possible thing to them.

* * *

Suppose there are two sons whose parent is whipping the younger one for his wrongdoing. If the older one asks his parent to stop whipping, then the parent cannot but do so. We should be in the position of the older son and stop mankind from being whipped. We have to be able to say, "We will do for the younger brother what he should have done, so please stop whipping him."

* * *

Even though I am concerned about external things, you have to be concerned about my internal side.

* * *

If you have never loved a younger sister, you are not capable of loving a wife. If you cannot love your mother, you cannot love your wife.

* * *

Only when you resemble the ruler and his loyal subjects are the internal and the external connected with each other.

* * *

The spirit world transcends time and space because it is the world of love.

* * *

You will be the best of all ancestors if you leave a will that says, "Love your children more than you love me."

* * *

When you have no condition of accusation from Satan, God can regard you as His son and command you.

* * *

The foundation of heart should be laid in yourself before in your family.

Love is to be accompanied with conquest and sacrifice.

* * *

Love can sense new beauty so it is not concerned about whom to love.

* * *

More precious than life is love, for there can be no life without love.

* * *

You cannot have dominion unless you have the right of creation. But the origin of creation does not lie in power and economy but in love. Therefore, you can dominate creation through love.

* * *

All enemies are not bad. If an enemy turns into a lovable being, it becomes more educational and instructive than harmful.

* * *

You cannot feel someone's heart only by knowing him. In order to understand his heart, you have to love him and live together with him.

* * *

A rebellious word from a child of filial piety is more painful to the parent than a thousand rebellious words from an unfilial child.

* * *

Love is equality. It is wonderful because it does not interfere with us.

* * *

The reason man seeks infinite love is that he has the original nature to attain True Love.

* * *

Dignity is not supreme in the world of love. Love surpasses the degree of dignity.

* * *

The heart that has soaked into the bone marrow can transcend law.

Life for the sake of others

Always you have to do more. The more you can serve the people, the better you will occupy that position. You must always treat these people with a kind and wonderful heart, and then if you are physically separated, they are attracted to you. When you are gone, they want to come back. Even if you are separated, they want to be with you.

* * *

The quality of leadership is very simple: you want to give out unconditionally, or at least give out more than the person will give you. Then he would feel like coming back to you with more things.

* * *

You have to build up, serve people first, gradually win their respect instead of from the beginning bossing everybody around. It doesn't work that way. You must first serve them; then you build the foundation.

* * *

Creation is to invest your whole energy and whole being in those in the object position.

* * *

Let us determine what the true leader is. The true leader is the one who denies himself for others; one who sacrifices himself to raise the whole family in a wholesome way.

* * *

In proportion to the sacrifice you have made, you are going to be greater or lesser leader.

* * *

I must say that leaders must trust people for the sake of them and sacrifice for the sake of those people, and love for the sake of those people not for themselves.

* * *

You must cultivate the attitude that every moment of your life is for other people.

* * *

You must use your whole being for the sake of others.

Responsibility

There can be no victory without fighting. Victory is determined only after life-or-death struggle.

* * *

No matter how tired I may feel, once I think of the responsibility I have yet to fulfill, that feeling dissipates.

* * *

It is important to have a long history, but it is more important to live now by making the most of every moment. Don't forget a moment of sleeping or eating can be a moment of historical destiny, Your momentary failure might nullify all the accomplishment you have made all through your life.

* * *

Be serious before taking responsibility.

* * *

The responsibility weighing upon us consists in how much sorrow we can remove and how much joy we can realize within our generation.

* * *

You should not represent me in name only, but in responsibility and heart.

* * *

Once you take responsibility, it is a matter of life and death.

* * *

You have to practice renovation and reflection in your life.

* * *

When you are sad, you have to project your goodness to others. When they are sad, you have to comfort them.

* * *

Responsibility

The center is supposed to be responsible for the whole. The center must know how to give everything. The center must take responsibility and know how to protect.

* * *

The subject must protect the object. He has the responsibility to protect. Then what does he have to do? He has to lead. He must point out the direction, which will lead to the right way.

* * *

Within the portion of responsibility, there is the individual portion of responsibility, the realm of the family portion of responsibility, the realms of the tribal, racial, national, worldwide, universal and cosmic portions of responsibility.

* * *

So if you ask what "Songhwa" means, the answer is "accomplishing and uniting." Achieving one goal and then forming a harmonious unity. And because you unite, there is only one, not two. just like leaven or yeast. It's the same as how in one home, although there may be a nice elderly grandma and a grandpa, or the mother and father, it is only when the kids break out into laughter that the whole house really chuckles. In this sense, you really need to know that the responsibility of being "Songhwa," of being young, is actually a big responsibility.

* * *

Whenever I went somewhere, I did not come back until I was able to leave behind a good result.

* * *

You should not think lightly of your task, even though it may be a petty one. Isn't an eye more important than anything else, although it is small?

* * *

The glory of the victory starts from the commander-in-chief, but it is also equally divided among all those fellow soldiers who participated.

* * *

If you are too concerned with small things, you cannot do great things.

Filial Piety

What is a child of filial piety? He should be able to serve his parents and grandparents. He should go through three generations. Next, what is a patriot? It is the same. A patriot serves the sovereign as parents and serves God as grandparents.

* * *

We should be in line with the direction of our parents' hearts. What is the secret of being children of filial piety? The internal and external standards must agree.

* * *

A child of filial piety is valuable because he serves his parents with an unchanging love, from the time of childhood to the time of old age. Such a person is called a child of filial piety.

* * *

In order to be a child of filial piety, you should always be in line with the direction of your parents' hearts. The one who follows the path of filial piety never acts apart from his parents. They follow their parents everywhere, whether to the East or to the West. When the parents suddenly want to turn back, he should turn back without dissent.

* * *

What is a child of filial piety? He is the one who takes responsibility for the parents' sorrow and goes to difficult places in order to carry it out, thereby bringing joy to the parents. If the parents want to do ten different things, a child of filial piety should take responsibility for the most important of those and carry it out. If there are ten sons, who is the most loyal? The one who takes over the most difficult job on his own and shows love for the parents will be most remembered by the parents. Thus, it is clear that the one who bears the duty of filial piety through the most difficult path rather than the one who tries to go the easy way will truly realize filial piety.

* * *

When a child understands his parents' sorrow deeply, he will sincerely wish for the resolution of their sorrow, going beyond his environment of living. If someone worries about the parents' sorrow more than his own, then he can be called a loyal child.

* * *

The way of the child of true filial piety is not smooth. Filial piety and patriotism are in fact words of misery. Filial piety cannot be practiced with a self-centered attitude.

Team work

You must always be thinking of unity, unity, unity. When you smell, smell unity. Eat unity, see unity and hear unity. Everything must be unity first, and then love and harmony, and then the ideal.

* * *

As a leader, you have to be real friend at the worst time, in the most disastrous situation. You have to be a friend—at the most joyous time you have to be a friend, the saddest time, most sorrowful time, the happiest time. Then through three categories of this instance, you really become friends; then you will win the heart of the people. Do not miss that chance.

* * *

The amount of time you have spent with a person and worked with a person will decide how close he is to you.

* * *

The problem is how, for instance, with 20 people under you, you are relied and trusted. In order for you to liked or lived by them, you must love them first of all.

* * *

First of all you must be good listeners so that you can judge correctly. Those who are under your leadership will live or die dependent upon one word coming from you.

* * *

If you want to be a best friend of anyone, you first of all should understand his agony and suffering, and comfort him in his misfortune. Only by doing so could a friend be moved by you. If you have relationship with him through heart and zeal, he will be moved by you, and you by him.

* * *

Let's say there is a man who has ten friends. When this person is willing to live for them in the spirit of self-sacrificing, they would also want to live for him. Moreover, they would want to bring him to their relatives to introduce him proudly. And yet if he would try to make them to live only for him, not only he himself but also all of them should go down. The former is the way for goodness while the latter is the way for evil.

Team work

Work to feed those who are hungry even though you may have to go without food yourself. They will remember it to the marrow of their bones.

* * *

We suffer so that we may open the way to eliminate the suffering of others.

* * *

If you want to rule others, you must first be ruled by them.

* * *

A man who does not like people can never become a leader.

* * *

Don't be pulled by your circumstances. You yourself must pull the environment.

* * *

Love your enemy before you strike him.

* * *

Don't be a person who is pulled, but a person who pulls, i.e., a motivator who calls and inspires many historical people who will be publicly responsible.

* * *

When dealing with others please have a smiling face, and it will naturally protect you.

* * *

You may be without a penny. You may not have material things to give them, but you have heart. By giving your heart, you are not going to lose anything.

* * *

Those who sacrifice themselves will be the leaders responsible for many people under them, able to control or influence them. That's the principle of the thing.

Respect and Communication

You must be able to respect and communicate with those people you meet. You should be good at communication. You need that kind of conception. It is not good to think, “I must be respected by other people.” Among people, the one who respects the other person first will move the other person.

The Road to Success

If everything that we planned fails and we become a failure, what will you do? The road of a person with big hope will not fail. The more that person goes forward, the more success there will be. You must go on with this kind of resolution. Then you will certainly succeed. In order to advance forward, you must either live or die. You must choose either one.

