

# **PART ELEVEN**

## *Weapon Techniques*

## **Art of Weapon Techniques**

Tong-II Moo-Do Weapon Techniques are mainly stick techniques.

The Weapon Techniques program teaches the practitioner not only how to master the technical aspect of stick performance for self-defense but also, more importantly, how to attain the highest realm of mind-body unity.

### **Underlying Principle**

- A. The stick symbolizes “Justice” or “Staff that leads the way.”
- B. The Nunchak, which has 2 sticks, symbolizes a pair system of subject and object, such as Yang (Positivity) and Yin (Negativity).
- C. Three sticks symbolize Three Kingships (three generations of grandparents, parents, children), three eras (Old Testament Era, New Testament Era, Completed Testament Era) and three manseis (Hananim Mansei, Cham Pumo Nim Mansei, Cheon Il Guk Mansei).

“Justice,” symbolized by the Nunchak and three sticks, destroys “injustice.”

Tong-II Moo-Do stick techniques are often demonstrated with music as “Gong Eui” eui Bon (Form of Righteousness)



## Stick techniques sample photos



**Notes:**